



## PART – A

1. 29<sup>th</sup> State of India is :  
A) Chattisgarh  
B) Uttaranchal  
C) Jharkhand  
D) Telangana
2. Who has won the Liberty Medal for 2014 ?  
A) Kofi Annan  
B) Nelson Mandela  
C) Malala Yousafzai  
D) Colin Powell
3. The rhino's horn is made of ?  
A) Hair  
B) Bone  
C) Muscle  
D) Cartilage
4. The ratio of width of our National Flag to its length is  
A) 3:5  
B) 2:3  
C) 2:4  
D) 3:4
5. What is mainly extracted from pitchblendes ?  
A) Uranium  
B) Plutonium  
C) Thorium  
D) Aluminum
6. What is the staple food of one third of the world's population ?  
A) Wheat  
B) Maize  
C) Rice  
D) Tapioca
7. Citius Altius Fortius is the motto of which organisation ?  
A) Olympics  
B) Asian Games  
C) Wimbledon  
D) National Games
8. Which bird turns its head upside down to eat ?  
A) Sea Gull  
B) Flamingo  
C) Crane  
D) Egret
9. What element is present in all organic compounds ?  
A) Chromite  
B) Carbon  
C) Barium  
D) Bauxite
10. The country which hosted the first World Earth Summit on conservation of environment is  
A) USA  
B) India  
C) UK  
D) Brazil



PART – B

26. Asian Games were organized by India for the first time in  
A) 1981                      B) 1952                      C) 1953                      D) 1954
27. National Fitness corps was introduced in  
A) 1965                      B) 1966                      C) 1967                      D) 1968
28. Solid gold medals were last given in Olympics in  
A) 1904                      B) 1908                      C) 1912                      D) 1920
29. Elbows joint is type of  
A) Ball and socket joint                      B) Hinge joint  
C) Immoveable joint                      D) Saddle joint
30. During strenuous exercises, the major reason for onset of fatigue is  
A) O<sub>2</sub> debt                      B) Depletion of O<sub>2</sub>  
C) Lactic acid formation                      D) Increase of CO<sub>2</sub> level
31. Movement of joint away from the medical line  
A) Adduction                      B) Flexion  
C) Abduction                      D) Extension
32. Metabolism consist of  
A) Decabrolism and heptebolism  
B) Catabolism and anabolism  
C) Aatabolism and heetabolism  
D) Anabolism and heptabolism
33. Full form of ECG is  
A) Electro Cardio Graphy  
B) Efficient Cardio Graphy  
C) Electro Current Graphy  
D) Electro Concouce Graphy
34. Kyphosis is deformity of  
A) Upper spine                      B) Lower spine  
C) Shoulder griddle                      D) Hip joint
35. Growth is  
A) Qualitative                      B) Quantitative  
C) Quadritative                      D) Questionative