1. Some people think that the only way to relax is rest or sleep, while others say people need to do exercise or sport to relax. Discuss both viewpoints and give your own opinion.

2. Some parents and teachers think that children’s behaviour should be strictly controlled. While some think that children should be free to behave. Discuss both the views and give your opinion.

3. In many countries day by day rubbish (garbage) is increasing. Why is it happening? What can be done?

4. Some people see shopping as a leisure activity mostly for young adults, while others disagree. Do you think this has a positive or negative effect on economic development? Give your opinion and include relevant examples.

5. Shopping has become a favorite pastime among young people. What do you think it is like that? Do you think they must be encouraged to do other things rather than shopping?

6. Some people think that the main factors influencing a child’s development these days are things such as television, friends, and music. Others believe that the family still remains more important. Discuss both views and give your opinion.

7. Food travels thousands of miles from producers to consumers. Some people think that it would be better for the environment and economy if people only ate the local food produced by farmers. To what extent do you agree or disagree?

8. Some people argue that the fittest, strongest individuals and teams can achieve the greatest success in sports. But other people think that success is as much related to mental attitude. Discuss both views and give your opinion.

9. Some people become famous when they are at a young age. Do you think this is positive or negative?

10. Some people believe it is important to give gifts and presents to friends and family to show that we care about them. Others think that there are better ways to show affection to them. Discuss both the views and give your own opinion.

11. Many people believe that spending a lot of money on weddings is fine, while others completely disagree. Discuss both views and give your own opinion and examples.

12. Many people believe the government should spend money on faster public transport. Others think that money should be spent on different aspects of public transportation, such as cost reduction and environment conservation. Discuss both views and give your own opinion.

13. Some people believe that manufacturers should be responsible for reducing the large amounts of packaging they use. Others say consumers should avoid buying heavily packaged
items. Discuss both views and state your opinion. Give reasons for your answer and include examples from your experience.

14. Some people think that family has the most important influence on children's development, while others believe that factors such as TV, friends, music and books have a more significant impact. Discuss both views and give your opinion.