

## IELTS Speaking Practice Paper 13

### Topic 1

#### IELTS Speaking Topic With Answers: Health

*Prompt: Does processed food have a negative impact on our health?*

Yes, I think it does. Nowadays, people eat a lot of junk food and carbohydrates which have a negative impact on our health. Let's first look at sugar. Processed foods usually have high levels of sugar which play a key role in things like heart disease, rising rates of obesity, and diabetes. When we eat junk food, we get a rapid rise in blood sugar which can make you first feel good and then later you will have a crash. These fluctuations in mood and energy are bad for your health and demonstrate the harmful effects of sugar and processed food on our bodies.

### Topic 2

#### IELTS Speaking Topic With Answers: Education

*Prompt: Are you taking any courses right now?*

Yes, I am taking a course right now. Currently, I am working full-time but I think it's important to always continue your education. For this reason, I'm taking a course on website building. I'd like to start my own online business and I think the first step is creating a website, so I'd like to learn how to do that. It's a little hard because I've got a full schedule but I try to make time on the weekends for the course. So far, I'm really enjoying it.

### Topic 3

#### IELTS Speaking Topic With Answers: Technology

*Prompt: What are some of your favorite websites?*

Well like most people I spend a lot of time on the internet. I use it for both work and free time so I end up looking at a lot of different websites. Some of my favorites are BBC so that I can practice my English but I also spend quite a lot of time on social media platforms like Facebook or Instagram.

### Topic 4

#### IELTS Speaking Topic With Answers: Language learning

*Prompt: How long have you been learning English?*

I've been learning English for quite a long time, probably about twenty years. I started learning English at school, but to be honest I didn't really like it when I was younger. It wasn't until I was a teenager and I spent a summer abroad in Ireland, that I began to really appreciate learning English. Since then, I've made it a priority to always work on my English and I tend to join a lot of language exchange events in my city.

Topic 5

IELTS Speaking Topic With Answers: Free Time

*Prompt: What do you like to do in your free time?*

In my free time, I try to balance my time by doing tasks around the house with getting some exercise and spending time with friends. This means that my weekends are usually pretty full, but I try to make time to do some yoga and go out for drinks or dinner with my friends. Yoga is important to me because it helps me reduce my stress and make a strong body-mind connection, and going out with my friends is important because I believe everyone needs to have strong social connections.

Topic 6

IELTS Speaking Topic With Answers: Family

*Prompt: Tell me something about your family*

I have quite a small family actually. There is just myself my husband and my two children. We don't live close to any of our extended family so it's mostly just us on a daily basis and even on holidays. This is one reason why we are a tight-knit family and we really enjoy spending time together. I think one thing that we really love to do is going to the beach together on the weekends. We try to get up early on Saturdays and spend time together there before it gets too crowded. This makes for great family memories.

Topic 7

## **Games**

1. What kinds of games do kids play now?
2. How have habits towards games changed?
3. Do girls and boys play the same kinds of games?

4. What can children learn from games?
5. What types of games can the whole family play together?

## Topic 8

### Food

1. Do people in your country often eat together?
2. Why are family meals less common today?
3. Is this a positive or negative development?
4. Are there any holidays in your country centred around food?
5. Are international foods a threat to the traditional culture of your country?

## Topic 9

### Smartphones

1. When should parents allow their children to have a phone?
2. Are there are places in your country where phones are not allowed?
3. How can phones be disruptive sometimes?
4. Do people in your country often switch off their phones?
5. Are people often impolite with their phone use?

## Topic 10

### Helping

1. Should developed countries help developing countries?
2. What kind of help is best to provide?
3. Can help be harmful in some cases?
4. How should parents help their children?
5. Are there any advantages to not helping someone?

## Topic 11

### Setting Goals

1. How important is it for people to set goals?
2. Do people set different goals at different stages of life?
3. Are personal goals more important than professional goals?
4. What sort of goals do young people today set?
5. Are people becoming more pessimistic about their life goals?

## Topic 12

### **Stars/Space**

1. Do people in your country often look at the stars?
2. Why is it important to explore space?
3. How can learning about space impact the daily lives of people?
4. Will we find life on other planets?
5. When will humans live on other planets?

## Topic 13

### **Weather**

1. What kind of effect does the weather have on farmers?
2. Are there many weather related problems in your country?
3. Does weather have a large impact on people's moods?
4. What can be done to deal with bad weather?
5. How is climate change impacting the weather?

## Topic 14

### **Public Speaking**

1. Why is public speaking important?
2. What qualities make someone a good public speaker?
3. What kind of people are usually asked to do public speaking?
4. Has the way that people speak in public changed much?
5. Why are people so scared of public speaking?

## Topic 15

### **Celebrations**

1. What kind of celebrations are common in your country?
2. How much do people typically spend on their wedding?
3. Are there big differences between the way that young and old people celebrate their birthdays?
4. Do all people in your country take part in the same celebrations?
5. What is the importance of national holiday?